

# FREE INBODY ANALYSIS

AVAILABLE AT  TruFitGym



**GO BEYOND  
THE SCALE**

WHEN YOU STEP ON A SCALE  
YOU CAN'T TELL HOW MUCH MUSCLE  
OR FAT YOU HAVE.

GET A CUSTOM ANALYSIS OF  
YOUR BODY'S FAT AND  
MUSCLE PERCENTAGES. WE'LL  
LOOK AT EACH AREA OF  
YOUR BODY AND CAN  
DETERMINE THE BEST  
APPROACH FOR YOUR BODY.